

## Suboxone Treatment Information

Treatment with Suboxone (buprenorphine/naloxone) at iTrust Wellness Group is cash-only for confidentiality and safety reasons. Suboxone is a highly regulated and controlled medication and our providers want to ensure that clients seeking our care for Suboxone are serious about seeking treatment.

A consultation for Suboxone prescription last approximately 40 minutes and encompasses a psychiatric diagnostic evaluation, detailed family, psychiatric, and medical history. Our providers will spend extensive time educating the client during this appointment about what to expect during the induction process. The Suboxone consultation appointment rate is \$200 and this is due at the time of service.

If clients are assessed as candidates for treatment with Suboxone, instructions will be provided to the client regarding a follow-up induction visit time. Inductions usually last 1-2 hours and are started in the office and when the client is in mild to moderate opioid withdrawal. A comprehensive urinalysis is a component of Suboxone inductions. Once the client is withdrawal-free in the office, he or she may return home with remaining medication. The goal of a Suboxone induction is to find a target dose where a client does not have signs or symptoms of opioid withdrawal and feels generally 'normal.' The provider will be available for consultation during the induction process in case any concerns or questions arise. The cost of the Suboxone induction appointment is \$200 and this is due at the time of service.

Follow-up appointments for Suboxone are \$200 and are generally monthly after the target dose of the medication is achieved. A typical treatment regiment for a client that has never received a Suboxone prescription before might look something like this:

1. Initial consultation appointment (40 minutes, comprehensive evaluation and history)
2. If a candidate, an induction appointment will be scheduled 1-2 weeks after this evaluation when the client is in mild to moderate withdrawal.
3. Appointments will be made 1-2 weeks until client feels stable on medication.
4. Maintenance appointments will be every month thereafter.

For clients who are already stable on their current dose of Suboxone, a treatment regiment might look something like this:

1. Initial consultation appointment (40 minutes, comprehensive evaluation and history)
2. Follow up appointment in 2 weeks to ensure stability on current dosage of medication
3. Monthly, maintenance follow up appointments thereafter.

For additional questions, clients are encouraged to call 864-520-2020 and speak with our office staff.